



Group Intervention Training Program

February 10, 2020 – June 4, 2020

How often are you aware as a member or as a leader of the impact of your presence and participation in your social field?

We are essentially social beings. We all live and work in worlds where we are members and leaders in multiple ongoing and changing groups. This group training focuses on increasing participants' awareness of groups and of the intersecting, simultaneous dynamics that are constantly in motion at all levels of system and contexts.

MODULE I

This module focuses on skills in assessing and facilitating groups and small systems. In keeping with Gestalt principles, a key focus is the development of the practitioner's self-awareness parallel with group awareness. Building ground that enables sustainable progress in the group while developing individuals in the group is woven into the facilitator's skills. The design of creative and developmentally appropriate interventions is an essential part of the training.

We will work with Levels of System in the group and how to direct your intervention to the best level for results. Various group contexts will be covered: Clinical, Personal Development, and Organizational Teams. Assessing the phases of group development across types of groups will be informed by both a systems view and a field perspective. You will be able to see more dynamics in a group and have more skills and choices about your responses as facilitator.

MODULE II

(Open to those with Gestalt training and a group training or facilitation experience...can be Module I, a past Group Training or other relevant facilitation experience.)

Would you like to make more of an impact by enhancing how you meet and engage in groups, track systems, assure that interventions you make land and stick? Would you like to deepen your presence to be able to "stand in the eye of the storm" and really make a difference? This training program is a "deep dive" immersion into the advanced application of core principles of Gestalt, focusing on how to maximize use of self in

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supporting transformation in individuals, groups, organizations and social systems in which we live and thrive. We will be "rolling up our sleeves" and getting into the work of refining "our particular mastery" with dramatically deeper connections to heart, mind and soul.

MODULE III

(Open to those with Gestalt training and a group training or facilitation experience...can be Module I, Module II, a past Group Training or other relevant facilitation experience.)

Would you like to make more of an impact by enhancing how you meet and engage in groups, track systems, assure that interventions you make have impact and are sustainable? Would you like to deepen your presence to be able and really make a difference? This training program focuses on how to maximize use of self in supporting transformation in individuals, groups, organizations and social systems in which we live and thrive.

This advanced, highly experiential offering from the Gestalt Institute of Cleveland that is focused on expanding your unique skill set and skills to support how you do your work. You will take away a clearer sense of your own strengths, as well as experiences in identifying and expanding your own unique strengths and in transforming and developing your own specific growing edges as a facilitator and intervener. The design of the program will be generative and collaborative. Participants will have opportunities to facilitate groups of varying size and focus. Together we will explore and expand multiple perspectives alive in group process in any moment and learn how these perspectives can inform choice. The topics in these sessions will be core Gestalt Theory and Practice content that you are all familiar with, as well as your own personal "stretch" topics. This module allows for ample time to hone skills through practice and application.

SCHEDULE

Module I: February 10-13, 2020

Monday - 10:00am-6:00pm

Tuesday - 10:00am-6:00pm

Wednesday - 10:00am-6:00pm

Thursday - 10:00am-6:00pm

Module II: April 20-23, 2020

Monday - 10:00am-6:00pm

Tuesday - 10:00am-6:00pm

Wednesday - 10:00am-6:00pm

Thursday - 10:00am-6:00pm

Module III: June 1-4, 2020

Monday - 10:00am-6:00pm

Tuesday - 10:00am-6:00pm



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Wednesday - 10:00am-6:00pm

Thursday - 10:00am-6:00pm

LOCATION

Gestalt Institute of Cleveland, 1588 Hazel Drive, Cleveland, OH 44106

ADMISSIONS

Application: Complete and submit an application. Additional information may be required prior to acceptance into Program.

Interview: After your application is received, you will be contacted and interviewed, either in person or over the phone, by a faculty member.

TUITION & FEES

Tuition: \$1,495.00 per module. This does not include any other expenses incurred (travel, lodging, meals, etc.).

Early Bird Discount: \$1,284.00 per module (see below for details)

Module I: Before December 20, 2019 - use promo code **module1**

Module II: Before February 28, 2020 - use promo code **module2**

Module III: Before April 10, 2020 - use promo code **module3**

FACULTY

Chairperson

Mary Ann Kraus, PsyD, BCC

Faculty will be drawn from:

Allison E. Bruce MEd, PCC

Jay C. Brinegar, MA, BCC, GPCC™

J. Rick Day, MBA, PhD, PsyD, ABPP

Richard B. Hancock, MA, GPCC™, PCC, BCC

Carol Wishcamper, MA



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ACCREDITATION



The Gestalt Institute of Cleveland is approved by the **Ohio Psychological Association** to offer continuing education to psychologists. It is the responsibility of the provider to abide by the OPA-MCE guidelines. (Provider Number: 346597238)



The **State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board** grants the Gestalt Institute of Cleveland approved provider status to provide continuing education for Counselors and Social Workers. *Approval for Social Work contract hours varies from state to state. Please consult your state's credentialing Board for more information.* (Provider Number RCS071005)



The Gestalt Institute of Cleveland is approved by the **American Psychological Association** to sponsor continuing education for psychologists. The Gestalt Institute of Cleveland maintains responsibility for its programs and its content.

LEARNING OBJECTIVES

Upon completion of this program, participants will be able to:

- Review Gestalt concepts and principles as they apply to work with groups;
- Identify your strengths and “growing edges” as an intervener;
- Develop your capacity to “see” at multiple levels of system;
- Create interventions for all levels of system;
- Assess the appropriate the level of system in which to intervene;
- Relate the effects of interventions on the system and track the effects over time;
- Recognize resistance/persistence in individuals, groups and social systems;



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- Practice working with experiments at all levels of system;
- Apply Field Theory principles in working effectively with groups;
- Utilize the principles of Systems theory in working with groups;
- Distinguish between the developmental phases of groups;
- Describe how the phase of group development influences the choice of an intervention;
- Demonstrate the ability to choose among possible interventions in order to support more effective connection between group members and the development of the group as a whole;
- Describe Gestalt principles and concepts in relation to working with groups;
- Identify your reliable strengths as an intervener;
- Practice using creativity as a strength in your intervening style;
- Assess the ways your presence in the role of intervener influences a group;
- Recognize and challenge your "growing edges" as an intervener;
- Explain how to identify and support resistance/persistence in individuals, groups and social systems;
- Explore ways of working potently and developmentally with resistance/persistence in individuals, groups and social systems;
- Apply field theory and systems theory principles in working effectively with groups;
- Analyze the processes of group development, including attending to conflicts, power and influence, and diversity;
- Discuss the impact of embodiment practices on work with groups;
- Utilize embodiment practices in the service of creating deeper learning and enhancing group development;
- Rate your ability to access and integrate multiple perspectives;
- Identify shifts in perspective in a group and notice how choices emerge from this process;
- Select from a range of possible interventions those that support more effective communication and group development;
- Review Gestalt concepts and principles, as they apply to work with groups;
- Discuss the methods for working with resistance/persistence at the individual and group levels;
- Recognize the developmental phases of group process;
- Apply principles of embodiment within the group for deeper learning;
- Develop interventions that emerge from areas of strength;
- Practice creating interventions to integrate multiple perspectives; and



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- Demonstrate the ability to choose among possible interventions in order to support more effective connection and development of individuals and the group, as a whole.