



Gestalt Training Program (GTP)

October 17, 2019 – May 16, 2021

OVERVIEW

The Gestalt Training Program (GTP) is designed to foster the growth, development, and transformation of people in a manner unique to the Gestalt Institute of Cleveland in service to individuals' personal and professional development.

GTP strives for diversity and the building of a community of people with different backgrounds, ideologies, cultures, races, religions, and professions. We engage in the important work of expanding our capacity for living a meaningful life and our potential to contribute meaningfully to the world. We support the integration of body, mind, emotion, and spirit in search of a richly satisfying way of life.

GTP attends to six core areas of inquiry and experience: intellectual, emotional, spiritual, physical, relational, and creative. Basic Gestalt theory and methods are presented. GTP is also an important first step in an advanced training process.

IS GTP FOR ME?

Anyone working with individuals, couples, families, or groups in a broad range of professional settings will benefit from the program: health care and healing professionals, coaches and business leaders, social services workers, teachers, ministers and pastoral counselors, consultants, and graduate students. GTP is particularly ideal for practitioners seeking to enhance their training and individuals seeking to expand their capacity to relate to others in their personal or professional lives.

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Continuing Education (CE):
250 contact hours

Contact:
Ellen Ressler Hoffman, MA, LPCC
erhoffman8@gmail.com

Heidi Abrams, MSSA, LISW
heidirubinabrams@gmail.com



CONTINUING EDUCATION: 250 hours (see accreditation information below)

SCHEDULE

Session 1: October 17-20, 2019

Thursday: 1:00pm-7:00pm

Session 2: December 5-8, 2019

Friday: 9:00am-7:00pm

Session 3: February 6-9, 2020

Saturday: 9:00am-7:00pm

Session 4: April 2-5, 2020

Sunday: 9:00am-1:00pm

Session 5: May 28-31, 2020

Session 6: September 24-27, 2020

Session 7: November 5-8, 2020

Session 8: January 28-31, 2021

Session 9: March 11-14, 2021

Session 10: May 13-16, 2021



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LOCATION

Gestalt Institute of Cleveland, 1 Berea Commons, Suite 216, Berea, Ohio 44017

CURRICULUM & METHODOLOGY

The skills taught in GTP have a broad array of applications for working with individuals, couples or small systems, or groups. GTP provides hands-on experience in skill application, accompanied by immediate feedback from faculty. Gestalt concepts are learned through practicum (practice), lectures, experimentation, personal growth groups, and large community interactions.

ADMISSIONS

The admission process is an opportunity for us to begin to know about each other.

Pre-requisite(s): Admission into GTP requires that you complete a Gestalt Experience Workshop (GEW), which will introduce you to the type of personal growth work you will experience during our 18-month program.

Application: Complete and submit a Training Program Application, along with the application fee.

Interview: After your application is received, you will be contacted and interviewed, either in person or over the phone, by a faculty member.

You will be notified of your acceptance into GTP as soon as these steps are fulfilled.

PROGRAM REQUIREMENTS

Additionally, while participating in GTP, you must complete at least 25 hours of individual therapy with a Gestalt-oriented psychotherapist. Partial credit may be given for previous individual therapy, approved small group therapy experiences, and for some training programs and workshops.

ENTRANCE TO ADVANCED TRAINING OPPORTUNITIES

GTP will begin to hone your interpersonal skills and increase your range of effective interventions. GTP is also a required first step in an advanced training program. Upon completion of the program, you may then apply for advanced training in a specialized area such as working with individuals, groups, couples and families or with physical process. After successfully completing an advanced training track, you are eligible to graduate as a Gestalt practitioner.



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TUITION & FEES

Application Fee: \$150.00 (non-refundable)

Tuition: \$9,000.00

Early Bird: \$8,600.00 (register before August 15, 2019)

Tuition and fees do not include travel, lodging, meals, and other expenses incurred.

Payment options are available upon acceptance to the program. Contact:

registrar@gestaltcleveland.org or 216-421-0468

Tuition assistance applications need to be in by August 15, 2019.

FACULTY

GTP draws its faculty from a distinguished group of individuals from around the country. Each member of the faculty, in turn, draws on personal experience and training, as well as years of professional practice in a variety of venues and specialties. Together, the faculty provides a unique understanding not only of Gestalt principles and concepts, but also of ways to apply GTP learnings in your day-to-day personal and professional lives.

Co-Chairs

Heidi Abrams, MSSA, LISW
Ellen Ressler Hoffman, MA, LPCC

Faculty Will Be Drawn From:

Carleen Britton, LCSW
Kathy Clegg, MD
Michael C. Clemmens, PhD
Barbara W. Fields, MSSA, LISW
Daniel Goldstein, MSW, LCSW
Richard B. Hancock, MA, GPCC™, PCC, BCC
Renee Jennings MSW, LISW-S
James I. Kepner, PhD



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ACCREDITATION

	The Gestalt Institute of Cleveland is approved by the Ohio Psychological Association to offer continuing education to psychologists. It is the responsibility of the provider to abide by the OPA-MCE guidelines. (Provider Number: 346597238)
	The State of Ohio Counselor, Social Worker & Marriage and Family Therapist Board grants the Gestalt Institute of Cleveland approved provider status to provide continuing education for Counselors and Social Workers. <i>Approval for Social Work contract hours varies from state to state. Please consult your state's credentialing Board for more information.</i> (Provider Number RCS071005)
	The Gestalt Institute of Cleveland is approved by the American Psychological Association to sponsor continuing education for psychologists. The Gestalt Institute of Cleveland maintains responsibility for its programs and its content.

LEARNING OBJECTIVES

Upon completion of this program, participants will be able to:

- Explore the principles and power of Gestalt Theory and Methodology;
- Recognize the similarities and differences between Gestalt theory and other theoretical models of human behavior;
- Describe the concept of the Relational Field as it is used in Gestalt practice;
- Review the concept of body/mind/spirit (body/self) as it contributes to the Relational Field;
- Explain how the Gestalt Cycle of Experience may be used in designing effective interventions;
- Apply the Gestalt Theory of Change and Resistances to working with individuals, families, groups and larger systems;
- Discover the capacity to use dialogue, "I-Thou" interaction, as a way of exploring differences in the context of relationships;
- Experience the benefits of a supportive learning community and how it operates at various levels of system; and
- Expand your professional skills and competence by integrating Gestalt principles into your personal life and professional practice.